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| ROMFORD Final | Meeting 20 |
| Wednesday, 19 February 2025 | |

400m Flat

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|----------|------------------|---|--------------|----|
| 1 | Swift Ian | 1 | Paul Burr | T3 |
| | Razldazl Minty | 3 | Paul Burr | T3 |
| | Kates Dream | 5 | Paul Burr | T3 |
| 2 | Run Freda Run | 2 | Martyn Wiley | T |
| 3 | Budge Up | 2 | Gemma Evans | T3 |
| | Youllalwayshavme | 4 | David Lee | T3 |
| | Kohinoor Spinner | 6 | Gemma Evans | T3 |
| 4 | Faradays Megan | 1 | Paul Young | T3 |
| | Droopys August | 3 | Paul Young | T3 |
| | Bru Iron Boy | 5 | Paul Young | T3 |