

# Heathview Restaurant

## M E N U

TUESDAY EVENING | SATURDAY AFTERNOON | SUNDAY EVENING

### STARTERS

#### **HOMEMADE SOUP OF THE DAY** V

*Made with fresh seasonal vegetables.*

*Please ask your server for calorie information*

#### **CHEF'S PATE**

*Served with onion chutney and granary toast.*

*293 calories*

#### **MELON FAN** V Ve

*Fanned melon served with a raspberry drizzle.*

*125 calories*

#### **PRAWN COCKTAIL**

*Prawns coated with a Marie Rose sauce, served on a bed of lettuce with lemon and granary bread.*

*381 calories*

#### **SOUTHERN FRIED CHICKEN GOUJONS**

*Served with a sweet chilli dip and salad garnish.*

*295 calories*



### THIRSTY?

*Join us in the first hour of opening for our happy hour!*

- 2 cocktails for £12
- 4 bottles of San Miguel for £14



*Allergen information available upon request. Adults need around 2000 calories a day. All menu items are subject to change and availability.*

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## M E N U

SUNDAY EVENING



## MAINS

### SUNDAY ROAST

A choice of roast beef **1272 calories** chicken **1086 calories** or gammon **1276 calories**. All served with Yorkshire pudding, roast potatoes, stuffing, seasonal vegetables and gravy.

**UPGRADE TO ALL THREE MEATS FOR £3.50**

### RUMP STEAK

8oz grilled rump steak, served with chips, grilled tomato, mushrooms and a choice of either garlic butter or peppercorn sauce. **831 calories**

### SALMON FILLET

Baked fillet of salmon served with a white wine and tarragon sauce, new potatoes and seasonal vegetables. **784 calories**

### MUSHROOM AND BRIE WELLINGTON **v**

Served with seasonal vegetables, and your choice of new potatoes **624 calories** or chips. **925 calories**

### BUTTERNUT SQUASH TAGINE **Ve**

A north African vegetarian stew. Pungent spices with chick peas, tomatoes and red peppers. Finished with coriander and lemon. Served with a spicy rice. **430 calories.**

## HUNGRY? **3.00** each

Beer battered onions rings **190 kcals**

Garlic bread **171 kcals**

Mozzarella sticks **448 kcals**

Bowl of chips **400 kcals**

Side salad **42 kcals**



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## M E N U

SATURDAY AFTERNOON | SUNDAY EVENING

### DESSERTS

#### SELECTION OF ICE CREAMS £3.95

Choose from either vanilla, chocolate or strawberry, or mix it up and have a scoop of each.

*Please ask your server for calorie information.*

#### HOMEMADE APPLE CRUMBLE £5.95

Served with your choice of custard *510 calories*, cream *468 calories*, or ice cream *493 calories*.

#### CLASSIC CHEESEBOARD £5.95

Upgrade with a glass of port for an extra £3.95

A selection of cheeses, served with chutney, grapes and biscuits. *520 calories*.

#### CHOCOLATE FUDGECAKE £5.95

Served with your choice of custard *499 calories*, cream *457 calories*, or ice cream *482 calories*.

#### PROFITEROLES £5.45

Served with your choice of cream *401 calories* or ice cream *426 calories*.



### TO FINISH

Tea- £1.70

Coffee- £2.00

Hot Chocolate- £2.00

Baileys 50ml- £3.65

*Please ask your server for a full range of liquers.*

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