

STARTERS

BEEF TOMATO, MOZZARELLA AND BASIL

Served with a rocket salad, dressed with basil oil and balsamic vinegar.

Allergens- Milk, Sulphites. 297 kcals.

BREADED CHICKEN GOUJONS

Served with a salad garnish and a barbeque dip.

Allergens- Gluten, Egg, Celery, Soya. 295 kcals.

CREAMED CHICKEN SOUP

Made with fresh chicken breast and served with a slice of granary bread.

Allergens- Milk, Gluten, Celery, Egg. 185 kcals.

SMOOTH DUCK AND ORANGE PATE

With toasted brown bread, onion chutney and a salad garnish.

Allergens- Gluten, Milk. 280 kcals.

SEARED, FRESH TUNA STEAK

Served with rocket salad, and a homemade tartar sauce.

Allergens- Fish, Egg, Mustard. 233 kcals.

HALF A CANTALOUPE MELON FILLED WITH MARINATED PEACHES

Marinated in lemon juice, sugar and strawberry sauce, drizzled with raspberry coulis.

53 kcals.



MAINS

8 OZ RUMP STEAK

10 OZ SIRLOIN STEAK- £5 SUPPLEMENT

Prime beef steak from our local butchers. Both served with mushrooms, grilled tomato, peppercorn sauce and chips.

Allergens- Fish, Milk, Soya, Gluten. 1019 kcals.

SUCCULENT PORK TENDERLOIN

A choice pork cut, sourced through New Eltham Butchers, cooked in a garlic, herb and white wine sauce. Served with green beans, carrots, crushed new potatoes, and a pot of gravy.

Allergens- Celery, Milk, Sulphites. 588 kcals.

CHICKEN & BACON SALAD

Poached chicken breast, crispy bacon and baby gem lettuce. Served with Caesar dressing and new potatoes.

Allergens- Milk, Egg, Fish. 625 kcals.

FRESH, SCOTTISH SALMON FILLET

Oven baked Salmon, served with a dill and white wine sauce, green beans, carrots and new potatoes.

Allergens- Milk, Fish, Sulphites. 615 kcals.

MUSHROOM & BRIE WELLINGTON

Served with your choice of new potatoes, or chips and vegetables.

Allergens- Wheat, Egg, Milk, Soya. 436 kcals.

HOMEMADE LAMB MEATBALLS POMODORO

Sourced through Uncle Beef Butchers. Italian seasoned meatballs cooked in a tomato sauce, served with spaghetti.

Allergens- Gluten, Celery, Sulphites. 673 kcals.

CHEFS SPECIAL

We change our specials weekly, using fresh, locally sourced ingredients.

Extras: £3 each

x2 Garlic Bread- Allergens: Milk, Gluten. 226 kcals.

x3 Mozzarella Sticks- Allergens: Gluten, Milk, Soya, Egg. 266kcals.

x3 Onion rings- Allergens: Gluten, Milk, Soya. 181 kcals.



DESSERTS

ETON MESS

Fresh summer fruits, whipped cream and crushed meringue, topped with a strawberry coulis. Served with vanilla ice cream 329kcal or cream 247kcal.

Allergens- Egg, Milk, Soya.

WARM CHOCOLATE BROWNIE

Served with cream 436kcal, vanilla ice cream 518kcal, or custard 423kcal.

Allergens- Gluten, Milk, Soya, Egg. May contain peanuts or tree nuts.

HOMEMADE STRAWBERRY TART

A light pastry base, filled with fresh strawberries and fruit jelly. Served with cream 639kcal, or vanilla ice cream 721kcal.

Allergens- Wheat, Milk, Egg.

NEW YORK STYLE CHEESECAKE

Vanilla cheesecake, drizzled with raspberry coulis with summer fruits on the side. Served with cream 506 kcal, or vanilla ice cream 588 kcal.

Allergens- Milk, Gluten, Egg. May contain tree Nuts.

CLASSIC BRITISH CHEESE BOARD

A mature cheddar, creamy Somerset brie, and fruity wensleydale with cranberries. Served with assorted savoury biscuits, grapes & celery sticks.

Allergens- Milk, Celery, Gluten, Sulphites, Mustard, Soya, Sesame Seed.
504 kcal.

ICE CREAM SELECTION

Three scoops of your choice, served with a crispy wafer. chocolate 216 Kcal , strawberry 158 Kcal or vanilla 191 Kcal per scoop.

Allergens- Milk, Soya, Gluten.